

Streaky Bay Area School NEWSLETTER

"Striving for excellence"

Care Respect Security Success Trust



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No. 18

31 October 2024

FOR YOUR DIARY

NOVEMBER

INOVEIVIBER	
Fri 1	Yr 5/6 Cricket carnival, Ceduna
Mon 4 – Wed 6	SAPSASA cricket state carnival, Adelaide
Fri 8	R/1's Late night stay, until 5.30
Tue 12	Yr 5 Open Classroom, 11.00 – 12.30pm
Wed 13	Yr 12 Graduation Dinner
Fri 15	Yr 7-10 Cricket carnival, Ceduna
Fri 15	Yr 12's last day
Tue 19	Colour Fun Run
Wed 20 – Fri 22	SAPSASA tennis state carnival, Adelaide
DECEMBER	
Wed 11	Presentation Night, 6pm
Thurs 12	Last day of Term 4, 2.05pm dismissal

FROM THE PRINCIPAL'S DESK...



Hello Everyone,

Year 12's

Our Year 12's are on the final count down, with exams commencing next week. On Friday 1 November, we will be

hosting a morning tea for the class of 2024. This will be an opportunity for the teaching and support staff to celebrate the Year 12's completing their schooling and to wish them all the best for the future. The Year 12 Graduation Dinner will be held on Wednesday 13 November in the Streaky Bay Hotel Flinders Room.

World Teachers' Day

On Friday 25 October we celebrated World Teachers Day. I want to take a moment to express our gratitude for the care and compassion our staff demonstrate on a daily basis. Our teacher's dedication and passion for educating our young people truly makes a difference in their lives and in our community. Their efforts do not go unnoticed, and we are grateful for everything they do.

Stage 2 Food and Hospitality Multicultural cooking

Congratulations to our Stage 2 Food and Hospitality students, Maddison Roach and Emily Bougourd (pictured below) who put their skills and knowledge to the test for their final assessment task this week. The students were required to plan, prepare, and cook lunch for our staff. The task involved creating a variety of multicultural meals including Nacho's, Burrito's, Carbonara pasta, and Fried Rice.



Early Years Transition

Preparations for the new school year have commenced with the Early Years Transition programme beginning this week. We would like to officially welcome the new students and their families to our school community. Over the next month the students will be visiting their assigned class once a week, developing relationships with staff and students and becoming familiar with the school routines, expectations, and environment.

Streaky Bay School Music Concert

Instrumental Music Teacher, Ms Jodie Martin will be performing alongside some of our music students on Sunday 24 November in the Streaky Bay Hotel, Flinders Room from 3pm. The event will feature original singles written by the students and several classic covers. This is a fund-raising event to support the recording of the student's song. See our schools Facebook page or visit JODIMARTIN.COM to book tickets.

Mathematician In Residence Program

Dr. Margarita Breed will be collaborating closely with our teachers of mathematics in early November. Our partnership with Dr Breed continues to be a strong lever of impact on student growth. Staff will be delving deeper into key mathematics concepts to support their planning and teaching for term four.

On the sporting field SAPSASA Girls AFL

During 21-23 October, Jessie Kelsh, Anna Faulkner, Luci Guelfi, Emmie Window, Sunny Faulkner, Ava Walsh and Shaylea Bubner represented Western Eyre Peninsula in the SAPSASA Girls AFL competition in Adelaide. Playing a total of nine games, the team came away with five wins, which is the best performance by a W.E.P girls' team since the competition commenced. Congratulations to the girls that participated in this event. Special mention to coach -Shannon Bubner, runner - Callan Bubner and team manager - Eve Walsh. They created an inclusive team environment where the girls had lots of fun and performed to the best of their ability. We appreciate their time and effort throughout the carnival.

SAPSASA Boys Cricket

Congratulations to Sammy Richardson, Nate Huntley, Winston Day, Kai Habel, Mitchell Durdin and Jed Williams, who have been selected to represent Western Eyre Peninsula in the SAPSASA cricket competition to be held in Adelaide next week. We wish them all the best.

Rowan Ramsey Community Education Award Nomination

The Rowan Ramsey Community Education Award acknowledges someone within our community who has 'gone above and beyond and gone the 'extra mile' dedicating and volunteering their time and skills to support our school.' It can be a staff member, parent, or community member. The nomination form is attached later in the newsletter.

Kind Regards, Tim O'Reilly Principal

STUDENT ABSENCES

If your child/children are absent from school it is an Education Department requirement to have parent/guardians provide the school with a reason unless a student exemption form has been granted prior to the absence. It would be appreciated if parent/guardians could notify the school by either phone or make a note in the diary, to reduce the calls being made each day regarding student absences.

LOST PROPERTY

With winter behind us, our lost property box is once again overflowing with jumpers. Please come in and check the box if you think your child is missing something. All uncollected items will be washed and sold as second hand school uniforms by the school for parent & friends.



<u>CANTEEN CORNER</u> * No Canteen available this Thursday 31 Oct & Friday 1 Nov*

Friday - Sushi & Poke bowl day Sushi Rolls		
Cucumber, lettuce & mayo	\$4.00	
Add Tuna	\$0.50	
Teriyaki Chicken, cucumber, let	tuce & mayo	\$4.50
Add avocado		\$0.50
Add soy sauce		\$0.20
Please specify if you do not war	nt lettuce or cuo	cumber
Teriyaki Chicken Poke Bowls		
Sml \$7.00 Lge \$9.00		
Teriyaki chicken, rice, lettuce,	, cucumber, e	damame,
pickles & mayo		
Please specify if you do not w	ant edamame	beans or
pickles.		
Thursday is our regular menu	plus some ho	memade
options.		
Don't forget we have lots of	snacks in the	canteen
ranging from 20c +.		
Thank you,		
Naomi		
www.facebook.com/streakybay	/schoolcanteen	

Supporting Your Child's Success at School: Key Tips for Parents









As the school year progresses, it's essential to create a supportive environment at home that nurtures your child's success. By establishing routines, ensuring good sleep, setting screen time limits, and fostering qualities like persistence, resilience, grit, and kindness, you can help your child thrive both academically and personally. Here are some tips to consider:

1. Establish Consistent Routines

Children thrive on routine. Regular schedules for waking up, meals, homework, and bedtime create a sense of security and predictability. Start by setting a consistent wake-up time and bedtime, even on weekends. A structured routine helps your child understand what is expected of them and prepares them for the day ahead, improving their focus and engagement in school activities.

2. Prioritise Good Sleep

Sleep is crucial for a child's development and learning. A well-rested child is more attentive, retains information better, and is more emotionally balanced. Aim for 9-11 hours of sleep for school-aged children. Establish a calming bedtime routine, such as reading a book or listening to soft music, to signal that it's time to wind down. Avoid screens at least an hour before bedtime to promote better sleep quality.

3. Set Screen Time Limits

While technology is an integral part of learning and recreation, excessive screen time can interfere with sleep, physical activity, and face-to-face interactions. Set clear boundaries for screen usage during school days, focusing on balancing educational activities with time for outdoor play, reading, and family interactions. Encourage breaks from screens, especially during homework, to keep your child focused and engaged.

4. Encourage Persistence, Resilience, and Grit

Success is often the result of perseverance and the ability to overcome challenges. Encourage your child to keep trying, even when tasks are difficult. Praise their efforts and problem-solving strategies rather than just the outcomes. Share stories of famous individuals who faced failures but persisted to succeed. Teaching your child to view challenges as opportunities for growth will help them develop resilience and grit, valuable skills that will serve them throughout life.

5. Foster Kindness

In a world where social and emotional skills are as important as academic achievements, teaching kindness is essential. Model and encourage empathetic behaviour, such as sharing, helping others, and expressing gratitude. Teach your child the importance of understanding and respecting others' feelings. Practicing kindness helps build a positive school environment and enhances your child's emotional well-being.

Supporting your child's success in school is a multifaceted endeavour that involves more than just academic focus. By creating routines, ensuring adequate sleep, setting boundaries on screen time, and fostering qualities like persistence, resilience, grit, and kindness, you equip your child with the tools they need to excel in school and life. Your involvement and encouragement can make a significant difference in their educational journey. Together, we can help our children grow into well-rounded, capable, and compassionate individuals.

Let's work hand in hand to support our children's success both inside and outside the classroom.

If you would like to discuss how we can work together to best support your child(ren)'s academic and social development you can contact me at school in person, by phone, or email: mischa.karp896@streakybas.sa.edu.au to make a time to talk.

We welcome conversations about your child's needs and are eager to explore ways we can work together for the best outcomes for your child/ren. There are also other resources that you may find useful, and are ones that I often use or refer to. These include:

Parent helpline: Parents in South Australia can call 1300 364 100 for information and support at any time, seven days a week.

eSafety Commissioner: https://www.esafety.gov.au/parents

Providing information and support for parents and families about online safety, boundaries and respect

Reachout Parent Support: www.parents.au.reachout.com

<u>**Project Parent Coach:**</u> On Instagram @projectparentcoach or https://linktr.ee/projectparent Helping parents of teenagers to navigate challenges with practical evidence-based strategies

Be Screen Strong: https://screenstrong.org/ On Instagram @bescreenstrong

Science-based solutions to empower families to prevent screen problems and reclaim their kids from toxic screens—social media, video games, pornography.

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2024 School Magazine

The Streaky Bay Area School Magazine has a wide range of items this year, including class pages, theme days, sports events and performances. All magazines will again be in full colour and continue to be high quality. Don't miss your chance to order a magazine. This assists us in distributing them once they have arrived. Magazines will be ready for distribution by the end of Term 4.

We would also like to take this opportunity to thank our community members and businesses who have sponsored the magazine over the years so that we can keep the magazine price low for our families. Magazines will cost \$22. All monies and the return slip must be returned to the Front Office.

Students Name:			Class:	
I would like to order Total amount enclos	,.	s of the 2024 school mag	azine @ \$22 each.	
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SENIOR SCHOOL NEWS

Wishing Our Year 12 Students the Best for Exams and End-of-Year Assignments

As we approach the end of the academic year, we would like to extend our heartfelt best wishes to our Year 12 students who are preparing for their final exams and end-of-year assignments over the next 2 weeks. This is a pivotal time in their educational journey, and we are incredibly proud of their hard work and dedication. We are confident they will remain focused and manage their time effectively. Additionally, we encourage them to prioritise their well-being.

Your support at home is invaluable during this period.

Kind regards, Karen Box Senior School Coordinator

MIDDLE SCHOOL MATTERS

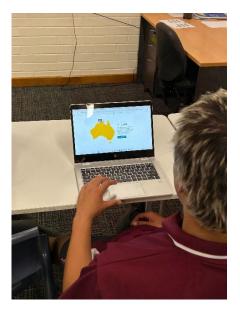
The Larrimah Mystery: Year 9's Thrilling Investigation

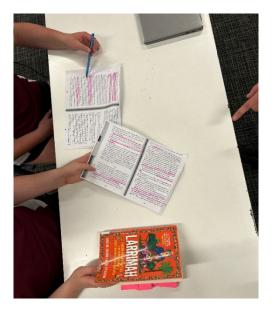
This term, our Year 9 class has embarked on an exciting journey to unravel the Larrimah Mystery, a real-life case where a man and his dog went missing in 2017. By integrating their HASS and English lessons, students are delving into the legal intricacies of the case, examining the role of the Australian Constitution in the investigation, and proposing law reforms for missing persons cases. Additionally, they are exploring how the case has been portrayed in the media.



To build their understanding, students have watched a documentary, read excerpts from a novel, studied news articles, and reviewed first-hand accounts. They have also conducted extensive research to deepen their knowledge of the investigation. Although their journey has just begun, the Year 9 class is working diligently to piece together the clues and solve the mystery.

Stay tuned for updates on their progress as they continue this fascinating investigation!





SAPSASA AFL STATE GIRLS CARNIVAL - ADELAIDE

Seven Streaky Bay Area School girls were part of a fifteen strong team that went on to win 5 out of 9 games for Western Eyre Peninsula, placing 4th overall.

Coach Shannon Bubner, supported by his son Callan, brought out the absolute best in the girls. There were cartwheels after goals, high 5's after marks and loads of encouragement coming from the field. Each girl worked to their strength and gave their best. They all did us proud and are to be commended for their exeptional sportsmanship.



Luci Guelfi Emmie Window Shaylea Bubner Anna Faulkner Sunny Faulkner Jessie Kelsh Ava Walsh



















REGIONAL YEAR 7, 8 & 9 BASKETBALL CARNIVAL

On Tuesday 29 October Streaky Bay Area School hosted a regional Year 7, 8 and 9 Basketball Carnival. Students from Ceduna, Elliston, Miltaburra and Streaky Bay were involved in the carnival.

Streaky Bay Girls Team 1 – Sienna Williams, Halle Montgomerie, Piper France, Indie Dolling and Bridie Faulkner Streaky Bay Girls Team 2 – Kirralee Johns, Lola Coombs, Skyla Hunt, Pania Alexander and Addison France Streaky Bay Boys Team 1 – Max Edmunds, Jack Launer, Robert Camilleri, Heath Johnston, Byron McLaws, Jordan Elliott, Rhys Johnson and Casey McEvoy

Streaky Bay Boys Team 2 – Callan Bubner, Ryder Frick, Eli Dehle, Lucas Whitford, Nate Brands, Rhys Maidment, Samson Schmucker

Streaky Bay team 2 won the Boys competition beating Miltaburra in a closely contested Grand Final 18 - 16. Streaky Bay team 1 came third.

Streaky Bay team 1 came second in the Girls competition narrowly losing to Ceduna 15 – 20, and Streaky Bay team 2 came third.

A massive thankyou must go to Lucas Mosey, Ryan Brougham, Soul Braz and Conner Habel for umpiring, scoring, coaching the boys teams, and Mel Frick, Summer Braz and Zahli Habel for umpiring, scoring, coaching the girls team.







Keeping Safe: Child Protection Curriculum

Parent and carer fact sheet | Middle Years: Years 6-9

What is the Keeping Safe: Child Protection Curriculum?

The Keeping Safe: Child Protection Curriculum (KS:CPC) is a respectful relationships and child safety curriculum that teaches all children and young people they have the right to be safe and they can help themselves to be safe by talking to people they trust.

The KS:CPC is delivered by teachers to children and young people each year from Age 3 to Year 12. Teachers who deliver the curriculum complete training in its use. The KS:CPC fits primarily within the Health and Physical Education learning area of the Australian Curriculum but can be taught across multiple learning areas.



Why is child protection important?

The Department for Education has a legal responsibility to protect children and young people from abuse in its own settings and in the wider community. All children and young people have a right to:

- be treated with respect and to be protected from harm
- feel and be safe in their interactions with adults and other children and young people
- understand as early as possible, what is meant by 'feeling and being safe'
- the support of school based counsellors or designated staff in their education or care environment whose role includes being an advocate for their safety and wellbeing (Child Protection in Schools, Early Childhood Education and Care Services Policy, 2019).

What is included?

The KS:CPC is divided into four Focus Areas each covering a number of topics. For Years 6-9 these are:

1. The right to be safe	2. Relationships
 Warning signs Risk-taking & emergencies Psychological pressure & manipulation 	 Rights & responsibilities Identity & relationships Power in relationships Trust & networks
3. Recognising and reporting abuse	4. Protective strategies

How can I support my child with the KS:CPC?

- Provide relevant information about your child to their teacher that could assist with the delivery of the curriculum.
- Understand and reinforce the key messages of the KS:CPC. Refer to the information on the following page.

How can I find out more information about the KS:CPC?

- Speak to your child's teacher or the preschool or school's leadership staff.
- Go to the KS:CPC website for concept summaries and additional information: <u>http://kscpc.2.vu/DE_ParentsCarers.</u>

What support services and additional information are available?

- Child and Family Health: <u>http://cyh.com.au</u>
- Kids Helpline parent information: <u>https://kidshelpline.com.au/parents</u>
- National sexual assault, domestic and family violence counselling service: <u>https://www.1800respect.org.au</u>
- Parenting SA (and Parent Easy Guides): <u>http://parenting.sa.gov.au</u>
- Raising children network: <u>http://raisingchildren.net.au</u>



Government of South Australia Department for Education

Supporting your child | Middle Years: Years 6–9

Focus Area 1: Right to be safe

Support your child to:

- understand their warning signs when they feel unsafe or scared, eg butterflies in stomach, heart beating fast, shivering, sweating, feeling sick, can't move
- know what to do when they have warning signs or fell unsafe, eg tell a trusted adult
- learn strategies for staying calm in difficult situations when they need to make safe choices and decisions
- know how to manage risky situations or emergencies, eg talk to a trusted person, dial 000, call Kids Helpline
- recognise and appropriately respond to psychological pressure and manipulation such as online scams.

Focus Area 2: Relationships

Support your child to:

- understand that all children and young people have rights
- know that it is the responsibility of all adults to keep children safe; however, some adults do not fulfil this responsibility
- know the difference between healthy and unhealthy relationships and strategies to keep safe
- understand their rights and responsibilities within relationships
- understand the meaning of consent, what it sounds like and doesn't sound like, strategies for responding and for reporting
- understand that personal power can be used positively and negatively. Reinforce that some people who use their power
 negatively (such as people who abuse children), know that it is wrong
- know what to do if they or someone they know is being bullied, eg tell the person to stop, walk away, talk to a trusted adult
- identify trusted people at home, in the family, at school and in the community. Include a support service such as Kids Helpline
- be aware of support services that are available online, over the phone and face-to-face.

Useful resources:

http://tiny.cc/UNCRC-Simplified | http://tiny.cc/BullyStoppers-Parents | https://kidshelpline.com.au | http://kscpc.2.vu/Parent_ConsentInfo

Focus Area 3: Recognising and reporting abuse

Support your child to:

- use correct terminology when referring to sexual body parts. This is important if seeking help and reporting abuse
- understand that their whole body is private (including sexual body parts and the mouth) and no one has the right to touch them without their consent
- Understand the difference between public and private, consent and bodily integrity
- understand the difference between appropriate and inappropriate touching. It is also important to understand that some touch may be uncomfortable but necessary, eg when going to the doctor or dentist
- recognise different forms of abuse (physical, emotional, sexual, neglect) an awareness of sexual consent for young people, and what to do if they or someone they know is being abused.
- use technology such as the internet, mobile phones and computers in a safe, responsible and ethical way
- know how to stay safe online, maintain a positive digital reputation
- recognise image-based abuse/sexting and cyberbullying, and how to report it.

Useful resources:

http://tiny.cc/CallBodyPartsWhatTheyAre | https://esafety.gov.au/iparent | https://www.1800respect.org.au

Focus Area 4: Protective strategies

Support your child to:

- practise solving problems in a range of situations, eg they get off the bus at the wrong stop and can't find their way home, a friend's parent makes sexual suggestions, someone offers to drive them home from a party
- be assertive especially in difficult situations, eg stay calm, be strong and clear, say 'No' or 'Stop' firmly and 'I don't like it when you...'
- regularly review their trusted networks to ensure they include people that they know will listen to them and help them
- be aware of support services available in the community and how to access them
- be persistent, especially when seeking help (to keep asking for help until a trusted adult helps them).

Useful resource:

http://tiny.cc/BHC-Assertiveness | https://kidshelpline.com.au

Wacation Care OCTOBER HOLIDAY HAPPENINGS

These holidays, we sang our hearts out in a karaoke competition, cooked up some delicious scones and bread, got creative making balloon cars, got messy making seed bombs and made shell salt dough necklaces.



<u>ROWAN RAMSEY MP SCHOOL COMMUNITY AWARD NOMINATION FORM –</u> <u>LAST CHANCE TO NOMINATE</u> Please hand in to the front office by Monday 4 November

A person who has 'gone above and beyond and gone the 'extra mile' dedicating and volunteering their time and skills to support our school'.

I wish to nominate for the 2024 Rowan Ramsey Community Education Award. They have contributed to the school by:

..... SIGNATURE:

NAME:

COMMUNITY NEWS

AND EVENTS



STREAKY BAY CRICKET CLUB



WHAT: Blast Cricket for 5-10yr old boys + girls WHEN: Wed 6 nov (each Wed for 5 wks) TIME: 3:30pm - 4:30pm WHERE: SCHOOL OVAL



The Blast Cricket program is a free skills development sessions run by parent volunteers & older juniors from SB Cricket Club Parent helpers are encouraged

For further information contact Emma Dolling or Renae Edmunds, SBCC.

