

5 September 2024

FOR YOUR DIARY

SEPTEMBER

Fri 6	STUDENT FREE DAY
Mon 9	SCHOOL CLOSURE DAY
Tue 10	Yr 9/10 Basketball, Port Lincoln
Thurs 12	R U OK? Day
Mon 16	SAPSASA Track & Field, Adelaide
Tue 17 – Thurs 19	Yr 12 Self-reliant hike
Mon 23	Parent/Teacher Interviews, 4.30 – 7.30pm
Tue 24	Parent/Teacher Interviews, 3.30 – 6.30pm
Mon 23 – Fri 27	Yr 11 Careers Trip
Tue 24	Hot Shots Tennis, SBAS
Wed 25	SAPSASA Cricket Trial, SBAS
Fri 27	Last day of Term 3, 2.05pm

STUDENT FREE DAY & SCHOOL CLOSURE

Reminder, tomorrow Friday 6 September is a student free day and Monday 9 September is a school closure.

PARENT/TEACHER INTERVIEWS

Interviews will occur on:

- Monday 23 September 4:30pm - 7:30pm
- Tuesday 24 September 3:30pm - 6:30pm

Bookings are now open, go to:

www.schoolinterviews.com.au and enter the code **3nwdj**. Booking instructions were emailed to families yesterday, are on the reverse of this news sheet and a paper copy sent home via the youngest child today outlining the booking process. You will need to provide an active email address to receive confirmation of the interview times and date.

Parent/Teacher Interviews will be held in-person. If you are unwell or unable to attend on Monday 23 or Tuesday 24 September, and you wish to have a parent teacher interview please contact your child's teacher or call the school and make an appointment via phone or on another date that suits.

If you do not have the access to book online, please call the school and we will book for you.

Parent / teacher interviews are a valuable time for teachers to provide feedback to families and is an important element of our school's reporting process. It's an opportunity for parents to meet with each child's teachers and discuss their educational needs and achievements.

Parents / Caregivers are able to request interviews with any of your child's subject teachers as well as class teachers. The names of your child's teachers will appear when making the booking online.

2024 PARENT SURVEY

The 2024 annual parent survey is open and closes midnight Sunday 8 September. You should have already received a link to the survey via an email or SMS. Please take the time to complete the survey, this is valuable information for our school. If you cannot find the previously sent link, then please use this one:

<https://survey.education.sa.gov.au/sc/4zPEa8pFilvP0Dd0Q6yivA2>

This survey aims to get your views on:

- what we're doing well
- where we can improve
- what's important to you as a parent/carer.

For more information, please visit the [department's website](#).

Your answers won't identify you or your child and only collated feedback is provided to our school.

Reminder emails will be sent to you unless you have completed a survey or have unsubscribed.

R U OK? DAY

R U OK? Day, Thursday 12 September. Wear something YELLOW - (Socks, T/Shirt, Hat, Scarfe). See the poster on the next page for information & support details if you or someone you know needs support.

CANTEEN CORNER

Sushi & Poke bowls now on Fridays (not Thursdays)

Sushi Rolls

Cucumber, lettuce & mayo	\$4.00
Add Tuna	\$0.50
Teriyaki Chicken, cucumber, lettuce & mayo	\$4.50
Add avocado	\$0.30
Add pickled ginger	\$0.20
Add soy sauce	\$0.20

Please specify if you do not want lettuce or cucumber

Teriyaki Chicken Poke Bowls

Sml \$6.50 Lge \$8.50

Teriyaki chicken, rice, lettuce, cucumber, edamame, pickles & mayo

Please specify if you do not want edamame or pickles.

Thursdays is our regular menu plus some homemade options.

Don't forget we have lots of snacks in the canteen ranging from 20c +.

Thank you,
Naomi

www.facebook.com/streakybayschoolcanteen

Parent/Teacher interviews will be held on Monday 23 & Tuesday 24 September. All bookings will be online, please see the link and code below to book. If you do not have the access to book online please call the school and we will do the booking for you.

Interviews are strictly 15 minutes and spaces are limited.

[CLICK HERE](#) to book or scan the QR code and enter the code – 3nwdj



(This goes directly to: make the booking page)

Or Go to www.schoolinterviews.com.au this goes to

the website, then click on make a booking and enter the code - 3nwdj

When you click FINISH your selected bookings will be emailed to you instantly.

If you do not receive your email INSTANTLY, please check your junk-mail AND your SPAM folder, or enter the event code again and check your email address spelling. Update your details if the email address is incorrect.

The email will arrive from bookings@schoolinterviews.com.au

DO NOT DELETE the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date. REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR CALENDAR - reminders are unable to be sent.

Bookings close and must be finalised by 4pm Friday 20 September.

If you need to view, cancel, change or print your bookings:

- Click on the link in the confirmation email you received after you made your bookings
- OR return to www.schoolinterviews.com.au and enter the code and the email address you used when making your bookings.

RU OK DAY

A range of circumstances can lead to a young person feeling low, including:

- **Big life changes like moving house or school**
- **Experiencing grief or loss**
- **Being around people going through tough times**
- **Being bullied**
- **Arguing with someone**
- **Problems with school work**
- **Boredom**
- **Having a medical condition or chronic illness**
- **Lack of sleep**

4 Conversation steps to help navigate a conversation when someone says, "No, I'm not OK". These steps are:

- 1 Ask**
- 2 Listen**
- 3 Encourage action**
- 4 Check in**

Certain behaviours and signs can indicate a young person may be struggling. When people often feel low, they often:

- **Withdraw from their friends or family**
- **Lash out at people and get angry or upset really easily, including towards the people they care about**
- **Cry or become emotional**
- **Lose interest in activities and things they usually love**
- **Changed sleeping patterns**
- **Change in appetite, they could be eating more than usual or less.**

Useful contacts when a young person is not OK:

- **School counsellor**
- **GP or psychologist**
- **Kids Helpline on 1800 55 1800**
- **Lifeline on 13 11 14**
- **Dial 000 if someone's life is in imminent danger**

**To support RU
OK Day, wear
yellow to show
your support!**

Woolworths Blast Cricket

Streaky Bay Junior Cricket Club are seeking interest to coordinate the **Woolworths Blast Cricket Program for Girls and Boys.**

Age: 5-10 years (Reception - Year 4)

Cost: \$75

When: Equivalent to approximately 8 hours of programmed cricket skills and activities (Times and dates to be advised)

Where: Streaky Bay Area School Oval

Please return the slip below by Thursday 12 September 2024 to Karen O'Reilly if your child is interested in participating.



My son/daughter: _____ (Childs Name) is interested in participating in Woolworths Blast Cricket Program with a fee of \$75

Please tick this box if you are willing to be a Parent Helper

Parent/Guardian Name: _____

Parent/Guardian Signature: _____



Notice of

GENERAL MEETING

Streaky Bay and District Medical Clinic Inc

Thursday 19 September 2024

6.30 pm

Streaky Bay Hall Supper Room

Alfred Terrace, Streaky Bay

Meeting to discuss Future Operations

ALL WELCOME

(Only financial Members will be able to vote)

Questions call Jonas Woolford (Chair) for more information

0419 280 577

Email: secretary@streakybaymedical.com

