

16 May 2024

FOR YOUR DIARY

MAY

Tue 21	F1 Fundraiser bake sale @ recess
Wed 22	Yr 9/10 Open Girls Netball, Pt Lincoln
Wed 22	Open Boys football Carnival, Pt Lincoln
Mon 27 – Wed 29	SAPSASA Football State Carnival, Adelaide
Thurs 30	Tcharkuldu Rock Run, Minnipa

JUNE

Tue 4 – Thurs 6	Year 10 Careers Expo
Fri 7	Yr 9/10 Volleyball, Wudinna
Mon 10	KING'S BIRTHDAY
Tue 11	STUDENT FREE DAY
Wed 12 – Fri 14	Yr 12 Outdoor Ed Cycling Camp
Fri 21	Yr 7,8,9 AFL 9's Boys & Girls, Ceduna
Mon 24 – Wed 26	SAPSASA State Netball Carnival, Adelaide
Wed 26 – Thurs 27	Year 10 Outdoor Ed, Searcy bike ride
Fri 28	Yr 7,8,9 Badminton Carnival, Streaky Bay

JULY

Mon 1 – Fri 5	Yr 10 Work Experience
Wed 3	Yr 5/6 Basketball Carnival, Streaky Bay
Thurs 4	Community NAIDOC Event
Mon 1 – Fri 5	Yr 10 Work Experience

ENCOUNTER YOUTH DRUG & ALCOHOL EDUCATION STUDENT & PARENT WORKSHOPS

In week 5 Term 2, Encounter Youth will be delivering their 'EMPOWER EDUCATION' drug and alcohol education programs. These drug & alcohol education workshops will be delivered to classes from Year 7 to 12 across 2 days. Encounter Youth is South Australia's leading Alcohol & Other Drug education program provider and uses evidence based information and strategies.

On Monday 27 May there will also be a parent seminar from 6:00pm to 7:15pm in the schools staffroom.

Please see the flier later in the Newsletter for more details.

Mischa Karp



TEAM ACCELERENCE PRESENTS

BAKE SALE

TO ASSIST IN SUPPORTING THEIR TEAM FOR THE 2024 STATE FINALS IN SEPTEMBER.

WHEN : 21ST OF MAY, WEEK 4, TERM 2
WHERE : MIDDLE SCHOOL COURTYARD
RECESS TIME!

ALL BAKED GOODS WILL BE IN THE PRICE RANGE OF \$2 - \$5.




Government of South Australia
Department for Education

Vacancy – School Bus Driver Streaky Bay Area School

A written application is invited from all eligible persons, for the position of:

STREAKY BAY AREA SCHOOL BUS DRIVER:

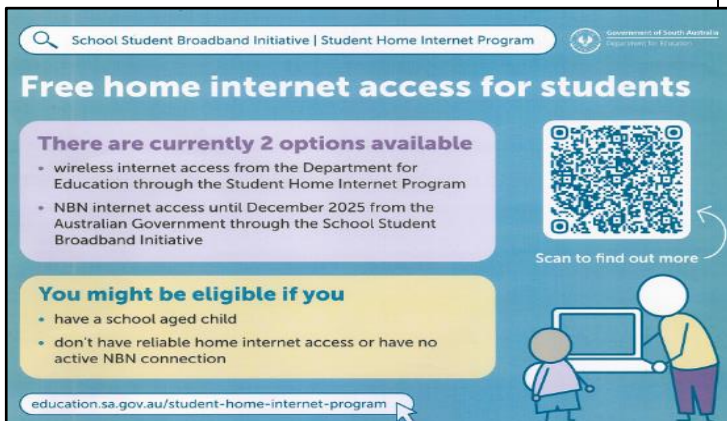
Applications should address the person specification and include the names of two referees.

Job and Person Specifications are available from the Streaky Bay Area School front office.

Please provide a copy of the application marked 'Confidential' to:

Mr Tim O'Reilly
Streaky Bay Area School
109 Wells Street
STREAKY BAY SA 5680
Ph: 86261202

tim.oreilly419@schools.sa.edu.au



School Student Broadband Initiative | Student Home Internet Program

Free home internet access for students

There are currently 2 options available

- wireless internet access from the Department for Education through the Student Home Internet Program
- NBN internet access until December 2025 from the Australian Government through the School Student Broadband Initiative

You might be eligible if you

- have a school aged child
- don't have reliable home internet access or have no active NBN connection

education.sa.gov.au/student-home-internet-program

NATIONAL SIMULTANEOUS STORYTIME

Australian Library and Information Association

SCHOLASTIC

LIANZA

AURA PARKER
**BOWERBIRD
BLUES**

22 May 2024 • 12pm (AEST)

WEDNESDAY MAY 22
DRESS IN BLUE

SBAS STUDENTS WILL JOIN WITH MORE THAN 2 MILLION PEOPLE ACROSS AUSTRALIA AND NEW ZEALAND TO READ AURA PARKER'S PICTURE BOOK *BOWERBIRD BLUES*. IN IT'S 24TH SUCCESSFUL YEAR, NATIONAL SIMULTANEOUS STORYTIME AIMS TO PROMOTE THE VALUE OF READING AND LITERACY.

Monday 27th May

PJ AND HOT CHOCOLATE DAY

Come dressed in your Pj's and buy a hot chocolate for \$2.

SRC is Fund raising towards Cancer Council.

KISS AND DROP ZONE

Morning Drop Off - A reminder to families that the zone between the front gate and staff car park is a designated 'Kiss and Drop' zone. Vehicles are not to be left unattended or parked in this zone from 8am-9am.

STREAKY BAY AREA SCHOOL PARENTS AND FRIENDS

THANK YOU! TO ALL THE FAMILIES AND BUSINESS'S WHO DONATED BAKING, PRODUCE AND RAFFLE PRIZE'S TO THE MOTHER'S DAY STALL AND MANY THANKS TO ALL THE VOLUNTEERS ON THE DAY

*The Stall was a huge success!
Total Amount Raised:
\$1440.00!!!*

*Hamper/Raffle Winners:
1st prize - Amanda Johnson
2nd Prize - Ali Greening
3rd Prize - Nerissa Baldock
4th prize - Leanne Dunchue*

*Many thanks for your ongoing support
to the Streaky Bay Area School Parents and Friends Committee*

Blended Youth Mental Health Training

Ensure your team are prepared and have the tools to support your students!

The certified Youth Mental Health First Aid Course is designed for adults who work with young people including education workers, youth workers, social workers, sports coaches and parents.

It teaches participants how to provide initial support to a young person (aged 12-18) who may be experiencing a mental health problem or mental health crisis, until professional help is received, or the crisis resolves.

Adolescence is the peak age of onset for mental health problems.

Course participants learn about the signs and symptoms of common mental health problems in young people, how to recognise and respond to an emerging or worsening mental health problem, and the treatments and supports available.

8 hour training 8:30am - 4:30pm - \$209

Our experienced trainer Mark Dickens will guide you through this training.

Youth Mental Health First Aid Training

(8:30am - 4:30pm face to face at the Education Development Centre):

Next Dates:

Friday 14th June

Friday 6th September

Friday 29th November




BOOK NOW

Any questions? Reach out to Educators SA on 08 8463 5875 or at admin@edsa.sa.edu.au



“Very worthwhile and relevant to my work as a teacher. It has raised my awareness of mental health issues among young people and what signs to look out for. I have a clear idea of what my role should be as a youth mental health first aider.”

Duration & Format
The 14-hour course can be delivered in 1 of 3 ways:

Face-to-Face	Blended Face-to-Face	Blended Online
 2 x 7-hour sessions over 2 days	 Self-paced eLearning (4-5 hours), followed by 1 x 7-hour OR 2 x 3.5 hour face-to-face sessions	 Self-paced eLearning (4-5 hours), followed by 3 x 2.5-hour video conferencing sessions

Youth Mental Health First Aid

The Youth Mental Health First Aid course teaches participants how to provide initial support to a young person (aged 12–18) who may be experiencing a mental health problem or mental health crisis, until professional help is received, or the crisis resolves.

Course participants learn about the signs and symptoms of common mental health problems in adolescents, how to recognise and respond to an emerging or worsening mental health problem, and the treatments and supports available.

- Intervene early**
Recognise the warning signs of mental health problems in young people.
- Offer support**
Learn the skills to have an open, supportive conversation about mental health.
- Respond in a crisis**
Respond across a range of crisis situations where a young person may be at risk of harm.
- Reduce stigma**
Reduce stigma and increase support for young people experiencing and living with mental health problems.

Why attend a Mental Health First Aid training course?

- Improve knowledge**
Evaluations consistently show that, by attending a course, participants improve their knowledge of mental illnesses, their treatments and appropriate first aid strategies.
- Improve confidence**
Course participants report improved confidence in providing first aid to individuals.

What you'll learn

Learn how to apply mental health first aid to young people across a range of common mental health problems and crisis situations, including:

- Depression
- Anxiety
- Psychosis
- Substance use problems
- Suicidal thoughts and behaviours
- Panic attacks
- Non suicidal self-injury

Become an MHFAider

Adults who complete the course become Mental Health First Aiders (MHFAiders), equipped with the knowledge, confidence, and skills to provide someone with mental health information and support when it matters most.

Complete a short assessment at the end of the course to become an Accredited Mental Health First Aider (MHFAider). Accreditations are valid for 3 years.



All sessions are led by a Mental Health First Aid Australia trained and Licensed Instructor
Mental Health First Aid courses are delivered by a national network of more than 3,000 trained and Licensed Instructors. Individuals or small groups can sign up for a public course near you or online, while larger groups can find a Licensed Instructor to deliver private training in-house or at an agreed venue.



Learning Outcomes

Upon completion of this course participants will be able to:

- Recognise the signs and symptoms of mental health problems in young people
- Use an evidence-based action plan to initiate a mental health first aid conversation
- Assess for a range of crisis situations and provide initial support
- Understand the prevalence and impact of mental illnesses, risk factors and treatments and supports available
- Distinguish between normal and expected changes during adolescence and development of mental health problems
- Understand the scope of the Mental Health First Aider role and the medical rights of minors
- Apply self-care practices as a Mental Health First Aider.



Suitability

Suitable for individuals, workplaces of all sizes, and volunteer and community-based groups. Any adult (aged 18+) can attend.



This course is recognised by Suicide Prevention Australia as a safe, high-quality, and effective suicide prevention program.

Anyone can have a conversation that may save a life. Everyone should know how.



Take the next step

Visit our Youth MHFA course page at: mhfa.com.au OR contact us at: mhfa@mhfa.com.au to discuss your training needs.

OCCASIONAL CARE

@ Streaky Bay Children's Centre

WHAT IS OCCASIONAL CARE?

Occasional Care is for children aged 12 months to kindergarten age & is a delightful break for parents/caregivers, providing a 3-hour 'now and then' childcare session. It gives parents/caregivers the chance to attend appointments, engage in activities, or simply take a well-deserved break while their child/ren are in good hands. It's also a great opportunity for your little one to have fun, learn, and socialise with peers & educators in a nurturing and safe environment.

SESSION DETAILS

DAYS

- MONDAY & WEDNESDAY
- DURING SCHOOL TERM

TIMES

- 8.45AM - 11.45AM
- 12.15PM - 3.15PM

COSTS

- \$5 PER CHILD, PER SESSION
- CONCESSION APPLY

For more details contact the Centre on PH: 0429 897 595 or 8621 160
Email: Wendy.carcara173@schools.sa.edu.au
or pop into the Centre Monday or Wednesday to see Bec or Toni



EMPOWER
EDUCATION



ALCOHOL & OTHER DRUG EDUCATION FOR PARENTS AND COMMUNITY

HOW TO HAVE A POSITIVE INFLUENCE AND TALK ABOUT ALCOHOL & OTHER DRUGS

Parent & Community Seminar

Monday 27th May 2024

6:00pm - 7:15pm

Location: Streaky Bay Area School

SA's leading Alcohol & Other Drug education program presents a night of evidence-based information and strategies for you to support your young person.



ENCOUNTER
YOUTH

Streaky Bay

NAIDOC 2024

NAIDOC Family Day
Streaky Bay Institute
Thursday 4th July 2024

10am - 2pm

Cultural Education, Weaving, Painting & much more!

Free event, all welcome



VOLUNTEERING OPPORTUNITY

SAS

Can you spare 10 hours a week?



HOW TO GET INVOLVED:

Come along to training:
Tuesdays 6.30pm @ The Station
(enter through main entrance of the hospital)

Call: Dave Coombe on 0428 713 033