

2 May 2024

## FOR YOUR DIARY

### MAY

Wed 15	SAPSASA Netball trial, Ceduna
Tue 21	F1 Fundraiser bake sale @ recess
Wed 22	Yr 9/10 Open Girls Netball, Pt Lincoln
Wed 22	Open Boys football Carnival, Pt Lincoln
Mon 27 – Wed 29	SAPSASA Football State Carnival, Adelaide
Thurs 30	Tcharkuldu Rock Run, Minnipa

### JUNE

Tue 4 – Thurs 6	Year 10 Careers Expo
Fri 7	Yr 9/10 Volleyball, Wudinna
Mon 10	<b>KING'S BIRTHDAY</b>
Tue 11	<b>STUDENT FREE DAY</b>
Mon 24 – Wed 26	SAPSASA State Netball Carnival, Adelaide

## ENCOUNTER YOUTH DRUG & ALCOHOL EDUCATION

### STUDENT & PARENT WORKSHOPS

In week 5 Term 2, Encounter Youth will be delivering their 'EMPOWER EDUCATION' drug and alcohol education programs. These drug & alcohol education workshops will be delivered to classes from Year 7 to 12 across 2 days. Encounter Youth is South Australia's leading Alcohol & Other Drug education program provider and uses evidence based information and strategies.

On Monday 27 May there will also be a parent seminar from 6:00pm to 7:15pm in the schools staffroom.

Please see the flier later in the Newsletter for more details.

Mischa Karp



Streaky Bay Area School Facebook page is now active!

Please like our page to keep up to date with the latest news and events happening at the school.

## RAISING RESILIENT KIDS: COUNTERING HARMFUL MEDIA INFLUENCE

Parent & Community Information Session on navigating a s\*xed up world.



MELINDA TANKARD REIST



DANIEL PRICIPE

NAVIGATING A S\*XED-UP WORLD: HOW CAN WE HELP OUR YOUNG PEOPLE RESIST HARMFUL MESSAGES AND SEEK RESPECTFUL RELATIONSHIPS?

Parents and care-givers are noticing children seem to be growing up too fast. It is a challenge to protect them from harmful ideas when they are bombarded with hyperse\*ualised messages from media and popular culture.

Drawing from research and the experiences of young people, author, speaker and advocate for young people Melinda Tankard Reist will explore how the healthy development of young people is impacted by this messaging.

She will help parents to address this toxic culture and provide practical tips on raising happy, healthy and resilient young people who value their dignity and self-worth and aspire to relationships based on respect.

Her colleague, youth advocate Daniel Principe, will also share on his work with boys, helping them be young men of respect and integrity.

THURS  
2ND MAY  
7 PM -  
8:30 PM

STREAKY BAY SPORTS COMPLEX ALL WELCOME

FREE EVENT THANKS TO OUR SPONSORS




STREAKY BAY AREA SCHOOL PARENTS AND FRIENDS

## MOTHER'S DAY BAKE & PRODUCE SALE!

PLUS GOURMET HAMPER RAFFLE

Friday 10th May 9am  
Bay Road - in front of Foodland

It would be greatly appreciated if all families from the school could please donate either some Baking or Produce!

PLEASE DROP ALL DONATIONS OFF DIRECTLY TO THE STALL BETWEEN 8.30AM - 9.00AM ON THE DAY

Raffle Tickets also available at Streaky Bay Newsagency  
\$2.00 per ticket or 3 for \$5.00  
Raffle drawn on Sunday 12th May



# The Streaky Bay Wellbeing Project

The District Council of Streaky Bay and Preventive Health SA have partnered to explore the current physical, social and mental wellbeing of the community, and develop ways in which we can enhance and support wellbeing in the future.

## Community Survey

Have your say in The Wellbeing Project Community Survey

Take a moment to share about all the ways that you support your wellbeing in the Streaky Bay District and help us enhance our beautiful community's overall wellbeing.



Scan the QR code to complete the Survey.



Alternatively you can pick a hard copy of the survey at The Streaky Bay Visitor Centre or The Council Office.

**f**  The Streaky Bay Wellbeing Project  
Follow the Facebook Page for updates and announcements



## ALCOHOL & OTHER DRUG EDUCATION FOR PARENTS AND COMMUNITY


### HOW TO HAVE A POSITIVE INFLUENCE AND TALK ABOUT ALCOHOL & OTHER DRUGS

### Parent & Community Seminar

Monday 27th May 2024  
6:00pm - 7:15pm

Location: Streaky Bay Area School

*SA's leading Alcohol & Other Drug education program presents a night of evidence-based information and strategies for you to support your young person.*




# NetSet

Training Starts  
Wednesday 1st May  
3.30pm - 4.15pm  
@ the Complex Courts  
costs \$50

**For players born in 2019, 2018 & 2017**

## VOLUNTEERING OPPORTUNITY



Can you spare 10 hours a week?



### HOW TO GET INVOLVED:

Come along to training:  
Tuesdays 6.30pm @ The Station  
(enter through main entrance of the hospital)

Call: Dave Coombe on 0428 713 033



CHICKEN NUGGETS	\$1.00 EA
PIE	\$5.50
SAUSAGE ROLL	\$5.50
TOMATO / BBQ SAUCE 20C	
HOT DOG	\$5.00
CHEESE, TOMATO / BBQ SAUCE INCLUDED	

TERM 2



2024

**WINTER MENU**

<b>CROISSANTS</b>	SML	LGE
PLAIN	\$3.00	\$5.00
HAM & CHEESE	\$3.50	\$6.00

**PIZZA**

MARGHERITA	\$3.50
HAM & CHEESE	\$4.00
HAWAIIAN	\$4.00

**TOASTIES/SANDWICHES**

MADE WITH WHOLEMEAL BREAD  
(PLEASE SPECIFY IF WHITE IS REQUESTED)  
GLUTEN FREE \$0.50 EXTRA

CHEESE	\$3.50
HAM & CHEESE	\$4.00
CHICKEN, CHEESE & MAYO	\$4.50

TOMATO EXTRA .50C

<b>BAGUETTES</b>	HALF	FULL
VEGEMITE & CHEESE	\$2.50	\$5.00
HAM & CHEESE	\$3.00	\$6.00
CHICKEN, CHEESE & MAYO	\$3.00	\$6.00

**WRAPS**

CHICKEN FILLET (ADD SWEET CHILLI OPTIONAL)	\$7.00
CHEESE, LETTUCE, TOMATO, CUCUMBER & MAYO	

**SALAD**

	SML	REG
CHICKEN (G/F)	\$6.50	\$8.50
CHICKEN, LETTUCE, TOMATO, CUCUMBER, CHEESE BALSAMIC & OLIVE OIL		
AVO EXTRA .50C		
HOME MADE TZAZIKI \$1.00		

**THURSDAYS - HOME MADE**

SPIRAL PASTA BOLOGNAISE	\$6.00
CHEESE OPTIONAL	
LASAGNE	\$6.00
CHICKEN & CORN SOUP (G/F)	
SMALL 240ML	\$5.00
REG 350ML	\$7.00
TOASTED TURKISH BREAD \$1.00	

**FRIDAYS - SUSHI/POKE**

SUSHI (G/F)	
CUCUMBER, LETTUCE & MAYO	\$4.00
TUNA ALL	\$4.50
TUNA, LETTUCE, CUCUMBER & MAYO	
TERIYAKI CHICKEN ALL	\$4.50
CHICKEN, LETTUCE, CUCUMBER & MAYO	
AVO EXTRA .30C	
SOY SAUCE EXTRA .20C	

**TERIYAKI CHICKEN**

<b>POKE BOWL</b>	SML	REG
TERIYAKI CHICKEN, RICE, LETTUCE, CUCUMBER, EDAMAME, PICKLES & MAYO	\$6.50	\$8.50

PLEASE LET US KNOW IF YOU DO NOT WANT PICKLES & EDAMAME BEANS

MANY SNACKS, CHIPS & TREATS AVAILABLE IN THE CANTEEN DURING RECESS & LUNCH \$0.20 - \$2.00+  
FOLLOW US AT FACEBOOK.COM/STREAKYBAYSCHOOLCANTEEN TO SEE WHAT'S AVAILABLE EACH WEEK

**DRINKS AVAILABLE**

TERM 2

JUST JUICE FRUIT BOXES	\$3.00
TROPICAL OR BLACK CURRENT	
LE BROS KOMBUCHA	\$4.00
LEMON LIME BITTERS, PASSIONFRUIT, PINK LEMONADE OR PINEAPPLE & LIME - 250ML	
JUICE BOMB	\$3.50
ABC (APPLE & BLACK CURRENT) - 250ML WATERMELON	
FLEURIEU MILK	
CHOCOLATE OR STRAWBERRY - 300ML	\$3.00
CHOCOLATE OR STRAWBERRY - 500ML	\$4.50
100% JUICE	\$5.00
APPLE OR ORANGE - 300ML	
FUZE ICED TEA	\$5.00
MANGO & GREEN TEA - 500ML	
WATER STILL OR SPARKING	\$2.50
COOL RIDGE - 600ML/500ML	
SUPER DOOPERS ICE BLOCKS	\$1.20
HOME MADE	
PINK LEMONADE, TROPICAL OR CHOCOLATE	
TNT SOUR BLUE RASPBERRY	\$2.00
SMOOZE TRIANGLE SHAPE	\$2.00
MANGO	
JELLY CUP	\$1.20
APPLE BLACK CURRENT	

**CANTEEN CORNER**

Updated Winter Menu. Lots of changes so please make sure you check it out. Hit like so I know people have seen it 😊.

- Sushi & Poke bowls now on Fridays (not Thursdays)
- Thursdays is our regular menu plus some homemade options
- Some items have been removed from the menu that were either not popular, not cost effective or too fiddly (if your kid will miss it let me know & I will do my best to add it to next terms menu)
- Every now & then we will have a special Wednesday pop up day with a special on, depending on when I can get a volunteer to help cater for this - if you can volunteer 3-4 hours of your time once per year please get in touch, the kids & myself will appreciate it (I will try & give a few weeks' notice for these days:).

Please support the school canteen by ordering once per week or even better twice per week! 😊.

Don't forget we have lots of snacks in the canteen ranging from 20c +.

Thank you,  
Naomi

[www.facebook.com/streakybayschoolcanteen](http://www.facebook.com/streakybayschoolcanteen)