



Streaky Bay Area School: Anti-Bullying Policy

Streaky Bay Area School is committed to providing a safe and secure environment, free from bullying, where students can learn, participate and enjoy their school life. We promote connectedness, fairness, consistency, respect for others, self-esteem, honesty and cooperation. We believe that bullying is a relationship problem that requires relationship solutions.

We believe education reduces the incidence of bullying.

School Values:

Trust
Care
Respect
Security
Success

Approved in December 2018
Due for review in 2024

School Key Contact List

LEADERSHIP TEAM

Principal: Chris Roberts
Assistant Principal: Karen O'Reilly
Deputy Principal: Tim O'Reilly
Primary School Coordinator: Kerry Hill
Middle School Coordinator: Michelle Kelsh & Madi Nicholson
Senior School Coordinator: Karen Box
Student Wellbeing Leader: Mischa Karp

YEAR LEVEL & HOMEGROUP TEACHERS

R/1: Emma Dolling & Amber Hazelwood
Year 2: Tiffany Kelsh
Year 3: Kaitlin Adair
Year 4: Bella Sampson
Year 5: Kerry Hill
Year 6: Luke Chamberlain & Leah Chynoweth
Year 7: Michelle Kelsh & Jessie Burge
Year 8: Nyssa Bell & Mischa Karp
Year 9: Madi Nicholson
Year 10: Marley Fairclough & Eve Walsh
Year 11: Ross McTaggart
Year 12: Karen Box

If you would like more information or would like to discuss any concerns related to bullying please contact the school by phoning 0886261202 and arranging to speak with one of our staff.

You may also find the following resources useful:

Bullying No Way- www.bullyingnoway.com.au

Parent helpline- 1300 364 100

Kids helpline- 1800551800 or www.kidshelp.com.au

Headroom- www.headroom.net.au

Streaky Bay Area School
Phone: (08) 86261202

The '6 Methods of Bullying Intervention in Schools':

- **The traditional disciplinary approach**
- **Strengthening the target**
- **Mediation**
- **Restorative Practice**
- **Support Group Method**
- **The Method of Shared Concern**

More information on each of the 6 methods can be found at:-

www.education.vic.gov.au/about/programs/bullystoppers/Pages/teachoverview.aspx

Each has its own rationale and appropriate areas of application, depending on the nature of the case.

The 'Method of Shared Concern' approach:

We commonly use the "Method Shared Concern Approach" to deal with incidents of bullying. Briefly this approach consists of the following:

1. Individual meetings are held, with each of the students involved in the bullying situation, e.g. the student(s) bullying, the person being bullied and any bystanders who have seen what was happening.
2. Each student is asked about the problem and to suggest ways in which he or she could help to improve the situation.
3. The person being bullied is also given the opportunity to discuss what happened and encouraged to think of ways to improve the situation.
4. Follow up meetings, discussions and planning give students the opportunity to change and improve their attitudes and behaviour and put these in to practice in a supportive environment.

Using this approach, we are committed to the safety and wellbeing of all students.

School Procedure continued:

Our bullying policy, consequences and students' role in making our school a bully free zone throughout the school. Teaching about our schools core values of Trust, Security, Success, Respect and Care and their importance in our school community.

Teaching and developing a common understanding of prevention strategies to reduce bullying.

Teaching students to be better bystanders and ways to be supportive of students at risk.

Using the appropriate resources to develop resilience skills and connectedness including:

- Social skills
- Positive friendships and friendship skills
- Respectful relationships
- Emotional literacy and emotional awareness and regulation
- Responsible decision making
- Healthy self-esteem

Intervention strategies include:

- Planned intervention using one or more of the '6 Methods of Intervention' in bullying in schools
- Working through the 'Method of Shared Concern' process with students involved including bystanders.
- Counselling students who bully and have been bullied.
- Talking with parents or caregivers about the situation.
- Using school behaviour policy and processes which may include internal or external suspension.
- Keeping details of reported bullying incidents and interventions.

Post-intervention strategies include:

- Monitoring the situation between the students to ensure that their safety and wellbeing are maintained
- Talking with parents/caregivers about the strategies
- Reviewing the effectiveness of yard procedures.
- Reviewing and evaluating behaviour codes and policies.

Student Procedure:

If you are bullied we encourage all students to access the support of school staff in working through the issue. We encourage and teach students to use the following strategies:

First stop and ask yourself:

- What is the problem?
- What is happening?
- How do you feel?
- What do you want to happen?
- How can I help myself?

Then choose from the strategies below:

- Tell the person or people that they are bullying and to stop the behaviour.
- Walk away confidently.
- Talk to a school staff member.
- Talk to any adult or student you trust.
- Refrain from bullying others.
- Ring the Kids Help Line: 1800 55 1800

If the bullying does not stop try another strategy listed above.

If you have witnessed bullying behaviour:

Bystanders are spectators, witnesses or supporters who are present during a bullying incident. To encourage the bullying or to do nothing is also a form of bullying.

When bystanders seek to discourage bullying behaviour, bullying stops 50% of the time.

As a witness you should:

- Tell the person who is bullying that their behaviour is unacceptable.
- Support the person who is being bullied.
- Talk to a staff member if you think someone is being bullied.
- Refuse to join in the bullying and walk away.

School Procedure:

At Streaky Bay Area School we are committed to the following **prevention, intervention and post-intervention** strategies:

Prevention strategies include:

Lessons at the beginning and throughout each year which identify:

- Bullying
- Issue for bullies, victims and bystanders
- Proactive bystander actions
- Strategies for students to reduce bullying
- Safe places in our school
- Developing a common understanding of prevention strategies.

WHAT IS BULLYING

Bullying is a deliberate psychological, emotional and/or physical harassment of one person by another, or a group of people. It is an abuse of power that occurs systematically and repeatedly. Bullying includes a wide range of conduct that causes another person to feel embarrassed, offended, hurt, humiliated, insulted, ridiculed, angry or afraid.

Cyber-bullying refers to bullying through information and communication technologies such as the internet and mobile phones.

Bullying can have a lasting impact on the self-esteem and wellbeing of victims.

Types and examples of bullying:

	<i>Direct</i>	<i>Indirect</i>
Verbal Abuse	Verbal insults Unfair Criticism Name Calling	Persuading another person to criticize or insult another Spreading malicious rumours
Gestural Abuse	Threatening or obscene gestures Menacing stares	Deliberately turning away or averting one's gaze to ignore something
Physical Abuse	Striking Spitting Throwing Things Using a weapon Touching someone and making them feel uncomfortable	Getting another person to assault someone Removing or hiding belongings
Group Bullying	Forming coalitions against someone	Persuading people to exclude
Cyber Bullying	Threatening, menacing messages sent to someone	Humiliating, embarrassing, messages and/ or images shared with others